

A Profile of Utahns With Poor Health Status

In the following tables, the percentage of adults with below average physical and mental health has been projected onto the total population of adults in Utah in 1996 (1,343,195) to produce estimates of the number of persons in Utah in each category used in the table.

Persons With Poor Physical Health by Sex: Adults Age 18 or Over, Utah, 1996

	Total Persons in Utah Age 18 or Over	Adults With Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Sex				
Males	653,554	549,000	104,600	41.4%
Females	689,641	541,600	148,000	58.6%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

Persons With Poor Mental Health by Sex: Adults Age 18 or Over, Utah, 1996

	Total Persons in Utah Age 18 or Over	Adults With Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Sex				
Males	653,554	564,300	89,300	39.4%
Females	689,641	552,200	137,400	60.6%
All Adults	1,343,195	1,116,600	226,600	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

**Persons With Poor Physical Health by Age Group:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Age Group				
18-34	541,093	453,900	87,200	34.1%
35-49	403,890	338,800	65,100	25.5%
50-64	211,745	164,200	47,500	18.6%
Over 64	186,467	130,700	55,800	21.8%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

**Persons With Poor Mental Health by Age Group:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Age Group				
18-34	541,093	445,400	95,700	42.4%
35-49	403,890	332,300	71,600	31.7%
50-64	211,745	179,200	32,500	14.4%
Over 64	186,467	160,500	26,000	11.5%
All Adults	1,343,195	1,116,600	226,600	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

Persons With Poor Physical Health by Sex and Age Group:
Adults Age 18 or Over, Utah, 1996

	Total Persons in Utah Age 18 or Over	Adults With Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Males				
18-34	267,646	233,200	34,400	13.5%
35-49	201,158	174,600	26,600	10.4%
50-64	103,867	81,800	22,100	8.6%
65 and Over	80,883	57,600	23,300	9.1%
Females				
18-34	273,447	220,500	52,900	20.7%
35-49	202,732	164,100	38,600	15.1%
50-64	107,878	82,600	25,300	9.9%
Over 64	105,584	73,100	32,500	12.7%
Total	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

Persons With Poor Mental Health by Sex and Age Group:
Adults Age 18 or Over, Utah, 1996

	Total Persons in Utah Age 18 or Over	Adults With Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Males				
18-34	267,646	229,500	38,100	16.9%
35-49	201,158	170,200	31,000	13.7%
50-64	103,867	91,700	12,200	5.4%
65 and Over	80,883	73,500	7,400	3.3%
Females				
18-34	273,447	215,700	57,700	25.6%
35-49	202,732	162,000	40,700	18.0%
50-64	107,878	87,600	20,300	9.0%
Over 64	105,584	87,200	18,400	8.1%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

**Persons With Poor Physical Health by Hispanic Ethnicity:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Hispanic Ethnicity				
Hispanic	71,189	55,800	15,400	6.1%
Non-Hispanic	1,272,006	1,034,900	237,100	93.9%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

**Persons With Poor Mental Health by Hispanic Ethnicity:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Hispanic Ethnicity				
Hispanic	71,189	54,900	16,300	7.2%
Non-Hispanic	1,272,006	1,062,200	209,800	92.8%
All Adults	1,343,195	1,116,600	226,600	100.0%

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**Persons With Poor Physical Health by Caucasian/non-Caucasian Status:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Caucasian				
Caucasian	1,276,035	1,037,400	238,600	95.2%
Non-Caucasian**	67,160	55,100	12,100	4.8%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

** Non-Caucasian population is estimated at 5%.

**Persons With Poor Mental Health by Caucasian/non-Caucasian Status:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Caucasian				
Caucasian	1,276,035	1,061,100	214,900	94.6%
Non-Caucasian**	67,160	55,000	12,200	5.4%
All Adults	1,343,195	1,116,600	226,600	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

** Non-Caucasian population is estimated at 5%.

**Persons With Poor Physical Health by Education Level:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Education Level				
Some HS	83,278	48,600	34,700	13.8%
HS Grad/Some College	807,260	653,300	154,000	61.3%
Tech/Voc Degree	69,846	55,900	13,900	5.5%
4Yr+ College	382,811	334,000	48,800	19.4%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

**Persons With Poor Mental Health by Education Level:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Education Level				
Some HS	83,278	59,400	23,900	10.6%
HS Grad/Some College	807,260	663,300	144,000	63.7%
Tech/Voc Degree	69,846	60,300	9,500	4.2%
4Yr+ College	382,811	334,100	48,700	21.5%
All Adults	1,343,195	1,116,600	226,600	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

**Persons With Poor Physical Health by Employment Status:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Employment Status				
Full Time	751,196	638,700	112,500	44.5%
Part Time	178,491	155,000	23,500	9.3%
Retired	178,310	127,600	50,700	20.1%
Homemaker	126,183	99,900	26,300	10.4%
Student**	50,234	42,900	7,300	2.9%
Unemployed/Other	58,781	26,400	32,400	12.8%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

** Includes only persons whose primary status is "student."

**Persons With Poor Mental Health by Employment Status:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Employment Status				
Full Time	751,196	631,700	119,500	52.4%
Part Time	178,491	146,800	31,700	13.9%
Retired	178,310	154,700	23,600	10.3%
Homemaker	126,183	106,900	19,300	8.5%
Student**	50,234	39,300	10,900	4.8%
Unemployed/Other	58,781	35,700	23,100	10.1%
All Adults	1,343,195	1,116,600	226,600	100.0%

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** Includes only persons whose primary status is "student."

**Persons With Poor Physical Health by Marital Status:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Marital Status				
Married	921,432	748,500	172,900	68.3%
Div./Sep./Wid.**	179,988	139,200	40,800	16.1%
Never Married	241,775	202,500	39,300	15.5%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

** Divorced, separated, or widowed.

**Persons With Poor Mental Health by Marital Status:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Marital Status				
Married	921,432	793,600	127,800	56.3%
Div./Sep./Wid.**	179,988	131,000	49,000	21.6%
Never Married	241,775	191,600	50,200	22.1%
All Adults	1,343,195	1,119,300	223,900	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

** Divorced, separated, or widowed.

**Persons With Poor Physical Health by Income Category:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Income Category				
Under \$15K	96,710	58,300	38,400	15.2%
\$15 - \$35K	411,018	317,100	93,900	37.3%
\$35 - \$55K	436,538	363,900	72,600	28.8%
Over \$55K	400,272	353,300	47,000	18.7%
All Adults	1,343,195	1,090,700	252,500	100.0%

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**Persons With Poor Mental Health by Income Category:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Income Category				
Under \$15K	96,710	65,600	31,100	13.4%
\$15 - \$35K	411,018	328,200	82,800	35.7%
\$35 - \$55K	436,538	364,000	72,500	31.2%
Over \$55K	400,272	354,500	45,800	19.7%
All Adults	1,343,195	1,116,600	226,600	100.0%

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**Persons With Poor Physical Health by Religion:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Religion				
Protestant	116,858	96,200	20,700	8.1%
Catholic	91,337	71,700	19,600	7.7%
LDS	910,686	736,900	173,800	68.3%
Other	91,337	72,000	19,300	7.6%
No Religion	131,633	110,700	20,900	8.2%
All Adults	1,343,195	1,090,700	252,500	100.0%

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**Persons With Poor Mental Health by Religion:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Religion				
Protestant	116,858	97,800	19,100	8.4%
Catholic	91,337	73,700	17,600	7.7%
LDS	910,686	767,000	143,700	63.1%
Other	91,337	71,400	19,900	8.7%
No Religion	131,633	104,200	27,400	12.0%
All Adults	1,343,195	1,116,600	226,600	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

Persons With Poor Physical Health by Wasatch Front/non-Wasatch Front:
Adults Age 18 or Over, Utah, 1996

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Wasatch Front				
Wasatch Front	1,040,544	847,300	193,200	76.5%
Non-Wasatch Front	302,651	243,500	59,200	23.5%
All Adults	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

Persons With Poor Mental Health by Wasatch Front/non-Wasatch Front:
Adults Age 18 or Over, Utah, 1996

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Wasatch Front				
Wasatch Front	1,040,544	865,100	175,400	77.4%
Non-Wasatch Front	302,651	251,600	51,100	22.6%
All Adults	1,343,195	1,090,700	252,500	100.0%

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**Persons With Poor Physical Health by Local Health District:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Physical Health*	Adults With Below Average Physical Health*	Percentage Distribution of Adults With Below Average Physical Health
Local Health District				
Bear River	80,032	65,500	14,500	5.7%
Central	39,126	32,100	7,000	2.8%
Davis	145,099	126,300	18,800	7.4%
Salt Lake	565,371	448,600	116,800	46.2%
Southeastern	36,167	26,300	9,900	3.9%
Southwest	76,198	61,500	14,700	5.8%
Summit	15,630	13,500	2,100	0.8%
Tooele	18,489	14,600	3,900	1.5%
Uintah	24,660	19,600	5,100	2.0%
Utah	205,458	170,600	34,900	13.8%
Wasatch	8,104	6,700	1,400	0.6%
Weber/Morgan	128,861	105,200	23,700	9.4%
All Adults in Utah	1,343,195	1,090,700	252,500	100.0%

* Figures in these columns do not sum exactly to the total because of missing values on the grouping variables.

**Persons With Poor Mental Health by Local Health District:
Adults Age 18 or Over, Utah, 1996**

	Total Persons in Utah Age 18 or Over	Adults With Average or Above Average Mental Health*	Adults With Below Average Mental Health*	Percentage Distribution of Adults With Below Average Mental Health
Local Health District				
Bear River	80,032	67,700	12,300	5.4%
Central	39,126	32,700	6,400	2.8%
Davis	145,099	123,500	21,600	9.5%
Salt Lake	565,371	467,500	97,900	43.2%
Southeastern	36,167	29,500	6,700	3.0%
Southwest	76,198	63,200	13,000	5.7%
Summit	15,630	13,500	2,100	0.9%
Tooele	18,489	15,000	3,500	1.5%
Uintah	24,660	19,800	4,900	2.2%
Utah	205,458	169,500	36,000	15.9%
Wasatch	8,104	6,900	1,200	0.5%
Weber/Morgan	128,861	107,800	21,100	9.3%
All Adults in Utah	1,343,195	1,090,700	252,500	100.0%

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